Get injury care where you are, when you need it

Concentra Telemed

Concentra Telemed™ is the new, easy way to get treatment for work injuries. Using your smartphone or computer, you can talk to a licensed clinician who will diagnose and treat your injury. You don't have to drive to a clinic and you don't have to ask for time off work. Instead, you can get treatment where you are, when you need it.

What it treats

- First-degree burns
- Minor neck and back strains/sprains
- Bruises/contusions
- Abrasions/scrapes
- Work-related rashes
- Tendonitis/repetitive use injuries
- Bloodborne pathogen exposures

How to Use Concentra Telemed

Have your photo ID ready. You'll need a mobile device or a computer with a webcam and microphone.

1. After you, the State of Vermont employee, get hurt at work, report your injury to your supervisor.

2. You, the employee, will call the Concentra Center at 802-658-5756.

3. Concentra will work with you to set up a Telemedicine visit.

4. If the Concentra center is closed, you can connect directly to Concentra's Telemedicine online or by calling 1-855-835-6337.

5. If you're using a smartphone, download the Concentra Telemed app. If you're using a computer, use your internet browser to go to https://concentratelemed.com.

6. Click "Sign Up" if this is your first visit, or "Log In" if you've used Concentra Telemed before.

7. If this is your first visit, you'll need to create a password and provide some basic personal information before you can talk to a clinician.

8. Once you're done signing in, click on "Available Care Coordinator."

9. The care coordinator will check you in to prepare you to see the clinician.

10. After you're done checking in, the care coordinator will connect you with the clinician for evaluation, diagnosis, and treatment.

Questions?

Call 1.855.835.6337.

Concentra® Telemed

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