PMA’s Organizational Safety Institute is a place where you can learn "virtually" about some of the emerging best practices in leading safety efforts that reduce the total cost of risk for your organization. We welcome any feedback you have to make our programs even better! Send an email to us at heretohelp@pmagroup.com. To register for an upcoming session(s), click on the title/link below or visit http://websource.pmagroup.com.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Duration</th>
<th>Session Title</th>
<th>Session Leader</th>
</tr>
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<tbody>
<tr>
<td>October 15, 2019</td>
<td>10:30 AM (EDT), 9:30 AM (CDT)</td>
<td>60 minutes</td>
<td>PMA Websource, Your Link to PMA's Risk Control Solutions</td>
<td>Marcy Barker, Senior Risk Control Services Coordinator</td>
</tr>
</tbody>
</table>

PMA Websource® provides online access to PMA Risk Control's growing offering of safety resources. Find answers to common risk management questions in our articles, technical bulletins, and white papers or learn how you can join one of the Instructor-led Sessions hosted by our Organizational Safety Institute. This orientation to our online resources will also provide information on how to request a safety DVD for employee training, or simply link to one of many leading safety websites to build your own knowledge of important issues. This session is ideal for new clients but existing customers may be surprised at what they learn about our growing online resources.

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<tr>
<td>October 17, 2019</td>
<td>10:30 AM (EDT), 9:30 AM (CDT)</td>
<td>60 minutes</td>
<td>Annual OSHA Recordkeeping Event</td>
<td>Brent Gates, Risk Control Consultant</td>
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Join our annual OSHA recordkeeping session to refresh your understanding of the OSHA reporting procedures and how to determine “recordability” while also learning about recent (2019) OSHA updates. In addition to covering the basics of recordkeeping in this session in a comfortable manner, we will also discuss real-life scenarios where recordability is not so obvious to strengthen your understanding of key recordkeeping principles. Open Q & A, as always, to help you get the answers you need.

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<tr>
<td>October 22, 2019</td>
<td>10:30 AM (EDT), 9:30 AM (CDT)</td>
<td>60 minutes</td>
<td>Tips for Trainers</td>
<td>Tim Weir, Strategic Risk Control Consultant</td>
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Tips for Trainers is a new area of focus for the Organizational Safety Institute where you will get to learn informally from one of PMA's top safety trainers/

In Tips for Trainers - #1, you will hear from Tim Weir, Strategic Risk Control Consultant, a 40-year safety professional and one of PMA's Authorized OSHA Instructors. Tim knows training can often "be a panic" for the presenter, resulting in a lost audience and a lost message. Learn how Tim has overcome these hurdles by letting six practical thoughts guide his time with an audience. Get an inside look at his top training tips and learn how to make an exceptional connection with your audience for your next safety training session.
November 14, 2019 – 10:30 AM (EDT), 9:30 AM (CDT) – Duration: 60 minutes  
**Employee Health and Workers’ Compensation: What the Research Reveals**  
**Session Leaders:** Janet Byers, Regional Risk Control Manager, and Kim Kokatay, Business Analyst  

PMA Companies’ conducted a study of its clients and found the impact that employees’ comorbidities have on workers’ compensation claim costs is undeniable and profound. We will share the highlights with you and discuss the importance of holistic risk factor identification and collaboration within your organization to find solutions that address the total health of the worker. You’ll also learn three action steps you can implement immediately to begin your journey towards an integrated approach and improve workers’ compensation claim outcomes.

November 19, 2019 – 10:30 AM (EDT), 9:30 AM (CDT) – Duration: 75 minutes  
**Occupational Hearing Loss**  
**Session Leader:** JoAnn Goshorn, Corporate Industrial Hygienist  

This session will review the basics of hearing, the prevalence of hearing loss, and provide a definition of work-related hearing loss before moving on to methods of evaluating current workplace noise levels through noise mapping and noise dosimetry. Next, methods to prevent hearing loss will be discussed including the development of noise controls, the implementation of a hearing conservation program and conducting audiometric testing. Finally, learn how to use the noise reduction rating (NRR) on hearing protection devices to determine the adequacy of the protective devices used at your facilities.

December 12, 2019 – 10:30 AM (EDT), 9:30 AM (CDT) – Duration: 60 minutes  
**Managing Challenging Resident Behaviors in Long-Term Care**  
**Session Leader:** Carol Hunter-Knizek, Risk Control Manager  

This session will discuss types and potential causes of behaviors as well as non-pharmaceutical approaches to reducing them.

December 17, 2019 – 10:30 AM (EDT), 9:30 AM (CDT) – Duration: 60 minutes  
**Risk Management Fundamentals/Principles for School Districts**  
**Session Leader:** Tim Naylor, Regional Risk Control Manager  

School officials and administrators looking to identify and reduce risk within their school districts will benefit from this OSI event. As either a refresher for experienced administrators or an introduction for new managers, this event highlights the role of the school risk manager. Deeper discussions will be focused on the classification of risk and methods used to identify risks within a school district. We will explore common errors and omissions by district risk managers to heighten your awareness of these types of issues. Lastly, we will discuss the importance of planning and risk mitigation techniques.

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**Have a scheduling conflict?**  
We’ve got you covered!  
Register for the live event and access the archived event the day after the broadcast date.

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**For additional information, please contact your PMA Risk Control Consultant or:**  
PMA Companies Corporate Risk Control • 380 Sentry Parkway, Blue Bell, PA 19422-0754 • 800.222.2749, ext. 5025